## Impact of Pain on Physical and Role Functioning in Adult Patients With Desmoid Tumors Treated With Nirogacestat

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## The DeFi Trial

DeFi was a phase 3 trial of nirogacestat vs placebo in adult patients with progressing DT



DeFi (NCT03785964) was an international, randomized, double-blind, placebo-controlled, phase 3 trial that compared the efficacy and safety of nirogacestat vs placebo in adult patients with progressing DT.<sup>1</sup>

From May 2019 through August 2020, a total of 142 patients were randomized in DeFi — 70 to the nirogacestat group and 72 to the placebo group — across 37 sites in the United States, Canada, and Europe.<sup>1</sup>



1. Gounder M, et al. N Engl J Med. 2023;388:898-912..

DT, desmoid tumors

## **Methods**

- Pain is a common symptom reported in patients with DT and may lead to limitations in function and mobility.<sup>1,2</sup>
- Therefore, pain reduction is a key treatment goal for patients with DT.<sup>3</sup>
- This analysis explored whether patients who demonstrated clinically meaningful improvement in BPI-SF Average Worst Pain Intensity Score<sup>a</sup> (0–10 scale) after treatment also experienced an associated improvement in functioning.
  - All analyses are based on data from Baseline (BL) to Cycle 10.

Is there a relationship between change in pain scores and change in functioning scores?

Pearson correlation<sup>b</sup> was used to assess the potential gains in functioning associated with clinically meaningful improvement in the BPI-SF Average Worst Pain Intensity Score. If so, how does clinically meaningful pain improvement affect functioning?

LS mean change from BL in various functioning scores<sup>c</sup> were estimated from an ANCOVA model, controlling for BL functioning score values and primary tumor location.<sup>d</sup>

#### 20/40 patients had BL BPI-SF Average Worst Pain Intensity Score ≥2 and non-missing data. 16/20 patients had a clinically meaningful pain reduction of ≥2 points from BL.

<sup>a</sup>The BPI-SF Average Worst Pain Intensity Score was calculated as the average of the daily BPI-SF Item 3 scores (worst pain in the past 24 hours) over the 7-day period prior to each visit. The score was derived only if 4 to 7 days had non-missing scores. <sup>b</sup>Correlations were assessed for PRO tool domains and LS mean changes were calculated for PRO tool individual items (e.g., questions). <sup>c</sup>PRO tools included BPI-SF Average Worst Pain Intensity Score, BPI-SF Pain Interference Index (BPI-SF PII), GODDESS<sup>®</sup> DTSS Total Symptom Score (TSS); GODDESS<sup>®</sup> DTIS Physical Functioning (PF), EORTC QLQ-C30 Role Functioning (RF) and EORTC-QLQ-30 Physical Functioning (PF). <sup>d</sup>LS mean changes at Cycle 10 from BL were estimated from an ANCOVA model, controlling for BL functioning scores and primary tumor location (intra-abdominal).

1. Husson O, et al. Support Care Cancer. 2019;27(3):965–980. 2. Bektas M, et al. Adv Ther. 2023;40(9):3697–3722. 3. Gounder MM, et al. Cancer. 2020;126(3):531–539.

BL, baseline; BPI-SF, Brief Pain Inventory Short Form; DT, desmoid tumors; EORTC QLQ-C30, European Organisation for Research and Treatment of Cancer Core Quality of Life Questionnaire; GODDESS DTSS/DTIS; Gounder/Desmoid Tumor Research Foundation Desmoid Tumor Symptom Scale / Desmoid Tumor Impact Scale; LS, least-squares; PRO, patient-reported outcomes.

### **Results: Correlation Between Changes in Pain and Changes in Functioning**

Mean changes from BL at Cycle 10<sup>a</sup> in BPI-SF Average Worst Pain Intensity Scores were correlated with mean changes in functioning domain scores for:

PRO Tool		r-Value	Correlation Strength <sup>b</sup>
	BPI-SF PII <sup>b</sup> N = 40	<b>0.79</b> <i>P</i> <0.0001	
ŝ	GODDESS <sup>©</sup> DTIS PF N = 37	0.46 <i>P</i> =0.004	
- F	EORTC QLQ-C30 RF N = 36	-0.41 <i>P</i> =0.013	
Ħ	EORTC QLQ-C30 PF N = 36	-0.19 P=0.255	•••••

Decreases in BPI-SF Average Worst Pain Intensity Score also corresponded with decreases in:

- Pain interference with tasks
- Difficulty performing physical activities
- Trouble performing roles

<sup>a</sup>Among the 14 patients not eligible for this analysis, 9 patients dropped out before Cycle 10, 3 had partial data at Cycle 10 (<4/7 days of data), and 2 had missing data. Among 9 dropouts, 3 had adverse events, 2 had radiographic progression, 2 had clinical progression, 1 represented a physician decision, and 1 withdrew. <sup>b</sup>Correlation strength: (1 Dot) Correlations < 0.20 are very weak; (2 Dots) Correlations from 0.20 to 0.39 are weak; (3 Dots) Correlations from 0.40 to 0.59 are moderate; (4 Dots) Correlations from 0.60 to 0.79 are strong; (5 Dots) Correlations >0.80 are very strong.<sup>1 b</sup>BPI-SF PII was used as a proxy for functioning measurement in this analysis.

1. Papageorgiou SN. J Orthod. 2022;49(3):359-361.

BL, Baseline; BPI-SF PII, Brief Pain Inventory–Short Form Pain Interference Index; EORTC QLQ-C30, European Organisation for Research and Treatment of Cancer Core Quality of Life Questionnaire; GODDESS<sup>®</sup>-DTIS, Gounder/Desmoid Tumor Research Foundation Desmoid Tumor Impact Scale; PF, physical functioning; PRO, patient-reported outcomes; *r*, rho; RF, role functioning.

#### **Results: Functional Gains – BPI-SF Pain Interference Index** (0–10 Scale)

LS mean change from BL to Cycle 10 (95% CI)<sup>a</sup>

Patients with a clinically meaningful reduction in pain of ≥2 points<sup>b</sup> on the BPI-SF Average Worst Pain Intensity Score at Cycle 10 had improvement in BPI-SF Pain Interference<sup>c</sup> Index items.

Item	LS mean changes (95% CI) <sup>d</sup>
Sleep	-4.19 (-5.64, -2.75)
Enjoyment of life	-3.15 (-4.26, -2.04)
Normal work	-3.04 (-4.28, -1.81)
Mood	-2.93 (-3.96, -1.90)
General activity	-2.90 (-4.03, -1.77)
Relations with other people	-2.70 (-3.61, -1.80)
Walking ability	-2.23 (-3.27, -1.20)

Most items improved about 3-points on the 0–10 scale, with sleep improving by more than 4 points.

BL, Baseline; BPI-SF, Brief Pain Inventory-Short Form; CI, confidence interval; LS, least-squares.

1. Dworkin RH, et al. J Pain. 2008;9(2):105-121. 2. Farrar JT, et al. Pain. 2003;88(3):287-294.

<sup>&</sup>lt;sup>a</sup>Negative changes from BL scores indicate improvement for the item scores. <sup>b</sup><sup>a</sup>≥2" was the threshold to determine clinically meaningful improvement.<sup>1,2</sup> <sup>a</sup>BPI-SF Pain Interference Index was used as a proxy for functioning measurement in this analysis. <sup>d</sup>All results were statistically significant at an α of .05.

#### Results: Functional Gains – GODDESS DTIS Physical Functioning (5-point Likert Scale)

LS mean change from BL to Cycle 10 (95% CI)<sup>a</sup>

Patients with a clinically meaningful reduction in pain of ≥2 points<sup>b</sup> on the BPI-SF Average Worst Pain Intensity Score at Cycle 10 had improvement in GODDESS<sup>©</sup> DTIS Physical Functioning items.

ltem	LS mean changes (95% CI) <sup>c</sup>
Movement near the tumor <sup>c</sup> (improved mobility)	-1.69 (-2.62, -0.76)
Doing vigorous activities	-1.14 (-2.12, -0.16)
Doing moderate activities	-1.05 (-1.65, -0.46)
Accomplishing less than would like	-0.97 (-1.64, -0.31)
Reaching up	-0.82 (-1.14, -0.50)

Most items moved about 1 point on the 5-point Likert scale, with "Moving near the tumor" moving about 2 categories.

BL, Baseline; BPI-SF, Brief Pain Inventory-Short Form; CI, confidence interval; GODDESS<sup>®</sup>-DTIS, Gounder/Desmoid Tumor Research Foundation Desmoid Tumor Impact Scale; LS, least-squares.

1. Dworkin RH, et al. J Pain. 2008;9(2):105-121. 2. Farrar JT, et al. Pain. 2003;88(3):287-294.

aNegative changes from BL scores indicate improvement for the item scores. <sup>b</sup><sup>\*</sup>≥2" was the threshold to determine clinically meaningful improvement.<sup>1,2</sup> All results were statistically significant at an α of .05. GODDESS<sup>®</sup>-DTIS item specifically reads: "moving near the tumor".

# **Results: Functional Gains – EORTC QLQ-C30 Physical Functioning** (1–4 Scale)

LS mean change from BL to Cycle 10 (95% CI)<sup>a</sup>

Patients with a clinically meaningful reduction in pain of ≥2 points<sup>b</sup> on the BPI-SF Average Worst Pain Intensity Score at Cycle 10 had improvement in EORTC QLQ-C30 Physical Functioning items.

Item	LS mean changes (95% CI) <sup>c</sup>
Taking a long walk	-0.90 (-1.18, -0.62)
Doing strenuous activities	-0.63 (-1.16, -0.09)
Needing to stay in bed or chair during the day	-0.28 (-0.62, 0.06)
Taking a short walk	-0.27 (-0.51, -0.03)
Eating, dressing, washing, or using the toilet	-0.07 (NE, NE)

Taking a long walk improved by about 1 category on the 1–4 scale.

1. Dworkin RH, et al. J Pain. 2008;9(2):105-121. 2. Farrar JT, et al. Pain. 2003;88(3):287-294.

aNegative changes from BL scores indicate improvement for the item scores. <sup>b</sup> ≥2" was the threshold to determine clinically meaningful improvement.<sup>1,2</sup> cAll results were statistically significant at an α of .05 except needing to stay in bed or chair during the day (not statistically significant) and eating, dressing, washing or using the toilet (not evaluable).

BL, Baseline; BPI-SF, Brief Pain Inventory-Short Form; CI, confidence interval; EORTC QLQ-C30, European Organisation for Research and Treatment of Cancer Core Quality of Life Questionnaire; LS, least-squares; NE, nonestimable.

# **Results: Functional Gains – EORTC QLQ-C30 Role Functioning** (1–4 Scale)

LS mean change from BL to Cycle 10 (95% CI)<sup>a</sup>

Patients with a clinically meaningful reduction in pain of ≥2 points<sup>b</sup> on the BPI-SF Average Worst Pain Intensity Score at Cycle 10 had improvement in EORTC QLQ-C30 Role Functioning items.

Item	LS mean changes (95% CI)°
Pursuing hobbies or other leisure time activities	-0.95 (-1.32, -0.58)
Doing work or other daily activities	-0.61 (-1.13, -0.10)

Both items improved by about 1 category on the 1–4 scale.

aNegative changes from BL scores indicate improvement for the item scores. <sup>b</sup> 2? was the threshold to determine clinically meaningful improvement.<sup>1,2</sup> All results were statistically significant at an α of .05. BL, Baseline; BPI-SF, Brief Pain Inventory-Short Form; CI, confidence interval; EORTC QLQ-C30, European Organisation for Research and Treatment of Cancer Core Quality of Life Questionnaire; LS, least-squares. 1. Dworkin RH, et al. *J Pain*. 2008;9(2):105-121. 2. Farrar JT, et al. *Pain*. 2003;88(3):287-294.

### **Summary**

## Is there a relationship between pain and functioning?

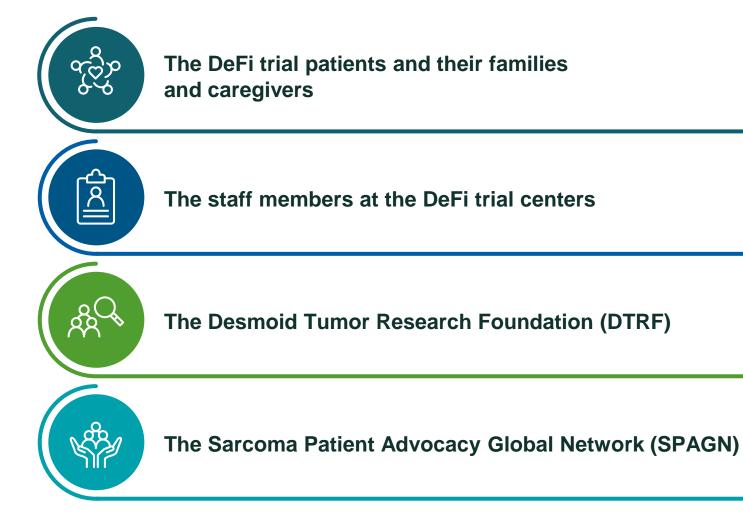
Moderate to high correlations were found between most changes in pain and changes in functioning.

#### If so, how does clinically meaningful pain improvement affect functioning?

Patients with clinically meaningful reduction in pain experienced improvement in most dimensions associated with physical and role functioning.

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